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# **POMEGRANATE & HEART DISEASES**

## ***BYPASS THE BYPASS SURGERY***

By Cardiologist Dr. Ghare

**EVERY SEED OF POMEGRANATE WHICH GOES IN YOUR  
STOMACH IS A SEED OF LIFE FOR YOUR HEART.**

Two things are full of benefits for the human being, Lukewarm Water & Pomegranate.

I prepared a decoction, boiling a fistful of dried seeds of Pomegranate in half litre of water for 10 minutes, strained the decoction and advised those patients suffering from painful Angina to drink a glass of lukewarm decoction on empty stomach early mornings.

Amazing result was observed; the decoction of dried pomegranate seeds worked like a magic, the feeling of tightness and heaviness of chest and the pain were relieved.

It encouraged me to try more experiments on various types of cardiac patients. So I experimented on patients who were suffering from painful Angina, Coronary Arterial Blockage, Cardiac Ischemia (insufficient blood flow to the heart muscle) etc., who were waiting for bypass surgery.

Drinking lukewarm decoction on empty stomach in the morning provided quick relief in all symptoms including painful condition.

